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## The Herb and Spice Companion

*Marcus Webb, Richard Carze*

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**Marcus Webb, Richard Carze : The Herb and Spice Companion** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Herb and Spice Companion:

0 of 0 people found the following review helpful. Five StarsBy BrandieIn great shape, such a great book!0 of 0 people found the following review helpful. Five StarsBy William M FullmerGreat resource for natural remedies.1 of 4 people found the following review helpful. Good Reference if you are interested in herbsBy GorgorgwarThis is a nice reference book mostly because of the color images of the plants and/or drawings. Most books do not have such clear images that allow you to recognize what you are looking at. I was more interested in the aspect of using herbs medicinally and I am partial to "The Little Herb Encyclopedia" by Jack Ritchason. Although it lacks the images, the information is very in depth and it is a very easy to use and understand reference book.If you are a beginner in the world of herbs this book is WONDERFUL! I like the addition of instructions on how to use herbs in cooking and how to make decoctions, tinctures, etc. I simply know this stuff already.

This book guides the reader through all aspects of herbs, including their history; how to grow, harvest, and dry them; and their preparation for medicinal use. This volume also contains an extensive directory of more than 50 spices. Each entry gives the essential properties of the spice, as well as its medicinal and culinary uses where appropriate.

About the AuthorRichard Craze is the author of several books on astrology, sexuality, and herbal medicine. Among

them is Mix Match Chinese Astrology, also published by Barron's.