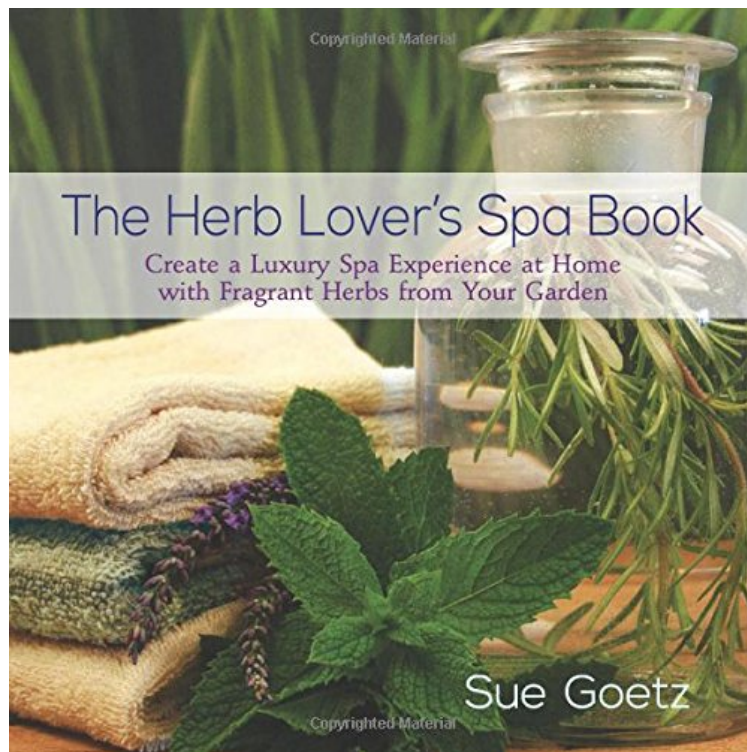


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## The Herb Lover's Spa Book: Create a Luxury Spa Experience at Home with Fragrant Herbs from Your Garden

*Sue Goetz*

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#860411 in Books Sue Goetz 2015-02-15 Original language: English PDF # 1 7.30 x .60 x 7.30l, .0 #File Name: 0989268861192 pages The Herb Lover s Spa Book Create a Luxury Spa Experience at Home with Fragrant Herbs from Your Garden | File size: 47.Mb

**Sue Goetz : The Herb Lover's Spa Book: Create a Luxury Spa Experience at Home with Fragrant Herbs from Your Garden** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Herb Lover's Spa Book: Create a Luxury Spa Experience at Home with Fragrant Herbs from Your Garden:

4 of 4 people found the following review helpful. Creativity overload! By DKerbsWow, what a great find. This book is packed with beautiful, helpful hints to pamper and garden...there's not a wasted page. I've never been a "spa" person but have several sections marked to try soon! 0 of 0 people found the following review helpful. Beautiful photos By PevitsaIt's a gorgeous book with lovely photos. Just looking through it helped me relax, but I actually bought two copies to give as gifts. May have to buy one for myself, too. 0 of 0 people found the following review helpful. A beautifully written and photographed book By Tova RosemanI have shown it to our local herb store so they can carry it too. Lots of good recipes.

This book shows how easy it is to grow and prepare therapeutic herbs for a custom spa experience in the comfort of your own home. It will help you unplug, relax and make the world go away. Since the days of Cleopatra, we have been

in search of the "Spa Experience" - a mystical place of white fluffy towels, populated by the finest of facial masks and lotions. But this vision of relaxation can come with a hefty price tag. That is about to change. In her new book, herb gardener, spa enthusiast and award-winning garden designer Sue Goetz shows us how to create the luxury spa experience in our own home, featuring fragrant, therapeutic herbs from the garden. With lavish photos throughout, *The Herb Lovers Spa Book* gives the reader simple steps for growing and preparing herbs for the home spa aromatherapy oils, lotions, tub teas, masks, scrubs, sachets, travel bath mixes, and more. It has never been easier to enjoy the spa ambiance and let the stress of the day melt away.

A well-known garden designer, writer, and speaker from Washington State, Sue Goetz packs a lot of information into this little book, and her passion for using herbs in the home for pleasurable and nurturing spa experiences shines on every page. (Valorie Hallinan Books Can Save a Life blog) For such a small size book, it is overflowing with inspiration, utilizing herbs around the home and garden to create a relaxing spa. (Debbie Teashon Rainy Side Gardeners) Hers are recipes for women of the 2010s. Sophisticated and easy on your time. Peppermint foot soak uses four ingredients; lavender green tub tea uses just two. Not sure how to package your final products? The lush images throughout the hardcover book are inspiring: Canning jars, antique glassware, ribbons and tags. (Paris Wolfe The Herb Society of America) Between the soothing scents and delicious beverages, Goetz clearly knows a thing or two about natural relaxation. And thanks to her book, you'll be creating a homemade spa in no time. (Kirsten Nunez DIY Lifestyle Magazine) I've never been one to treat myself to a day at the spa or feel tempted to create a luxurious home spa. But after reading this beckoning book, I think I have been converted, or perhaps corrupted. (Sally Peterson The Oregonian) "*The Herb Lover's Spa Book*" by Sue Goetz local garden writer, garden designer and popular speaker from Pierce County is a lovely gift book for both yourselves and for friends. (Peg Tillery The Kitsap Sun) I enjoyed Sue Goetz' thoughtful observations about the spa experience, garden design, defining herbs, and the history of natural cosmetics. There are tips on selecting plants, and a list of 19 favorites with culture and use notes. She has packed a lot into this 8 1/2 x 6 inch, 172 page book it's herb growing and crafting made relevant for today. And it's pretty, too. (Daricia McKnight A Charlotte Garden) Garden designer Sue Goetz has the cure for both the stresses of life and keeping your credit card bills in check. Now you can turn your basil leaves into pesto and a face cleanser. (Craig Sailor The Tacoma News Tribune) If you want a personal prescription for pampering yourself with easy-to-grow herbs, you'll find it in Sue's book. *The Herb Lover's Spa Book* would make a lovely gift for your favorite gardener. Especially if that gardener happens to be you. (Jodi Torpey Vegetable Gardener) Spa-like bathrooms are all the rage right now. But Sue Goetz, author of *The Herb Lover's Spa Book*, believes creating your personal home spa should start in your garden. (Jill Sell Cleveland Plain Dealer) About the Author Sue Goetz is a garden designer, writer and speaker. She began her lifelong love of gardening as a child where she always found places to grow things. She is a certified Master Gardener and founder-owner of Creative Gardener, where she offers classes, garden coaching, and gardens by design. She also owns Urban Garden Company. Among her many accolades: In 2013, The Best of West Sound voted Sue Favorite Horticulturalist, and in 2012 she was named Educator of the Year by the Washington State Nursery and Landscape Association. She received Sunset magazine's Western Living Fresh Ideas award and Fine Gardenings Best Design award. [www.thecreativegardener.com](http://www.thecreativegardener.com)