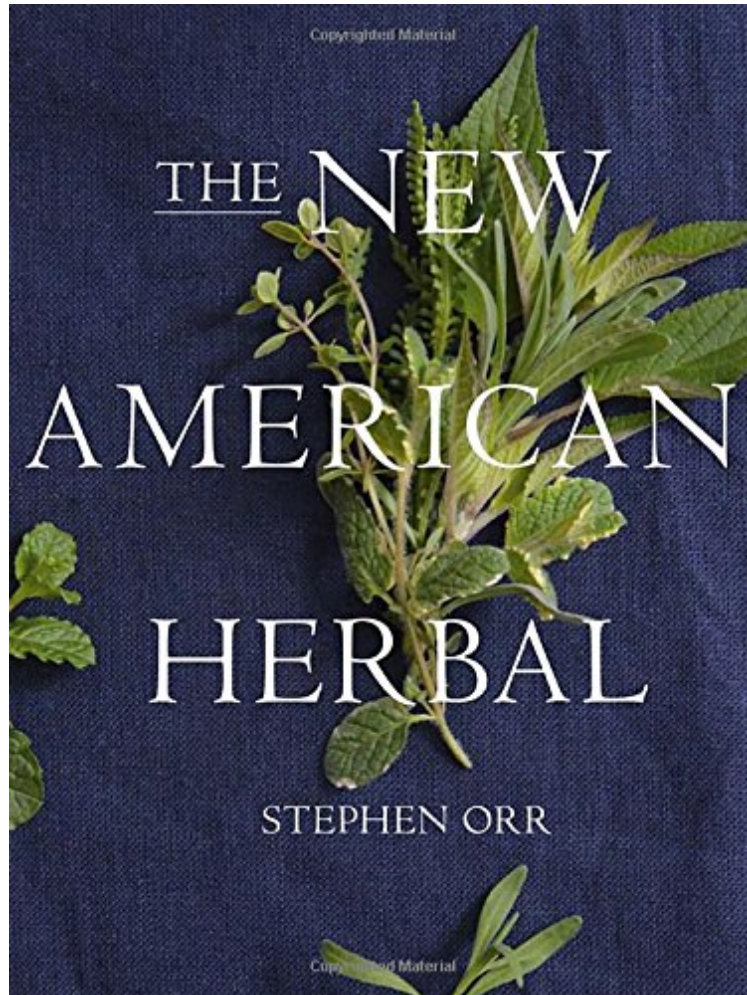


The New American Herbal

Stephen Orr

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Stephen Orr : The New American Herbal before purchasing it in order to gauge whether or not it would be worth my time, and all praised The New American Herbal:

0 of 0 people found the following review helpful. Good for a Growing Guide By Ludlum What I like about this book is that it gives you a brief excerpt about how to grow each herb. Maybe you've had better luck than me, but I haven't found any other book that does that. I'll grant you, this is not the best book if you're interested in the healing properties of herbs. But most of the "best books" on the healing properties never really tell you how to grow the damn plants. Warning though, this isn't an in-depth growing guide. It tells you what an experienced gardener needs to know. If you've never gardened before or have no intention of gardening there are probably other places to start looking. 0 of 0 people found the following review helpful. Great Herbal Book By Lu Saunders Purchased for the library of University of Illinois Coles County Master Gardeners and on a brief review found it very informative with wonderful

illustrations.2 of 2 people found the following review helpful. This book includes an extensive list of herbs, however ...By JKThis book includes an extensive list of herbs, however I wish there was more information for the herbs. For my purposes the plant profiles were too brief and far fewer recipes than I expected.

From modern garden master Stephen Orr comes a new, definitive book on herbs to finally replace the dusty and outdated classics. Here are entries on hundreds of plants that are extraordinarily useful in cooking, homeopathy, and more; dozens of recipes and DIY projects; and beautifully styled photographs so you know just what you're growing. With more than 900 entries, each accompanied by brand new photography and helpful growing advice, *The New American Herbal* takes the study of herbs to an exciting new level. Orr covers the entire spectrum of herbaceous plants, from culinary to ornamental to aromatic and medicinal, presenting them in an easy to use A to Z format packed with recipes, DIY projects, and stunning examples of garden design highlighting herbal plantings. Learn about the herbs you've always wanted to grow (chervil, chamomile, and lovage), exotic herbs (such as Artemisia, the bitter herb used in Absinthe, or the anti-inflammatory Meadowsweet), and ornamental varieties (Monkshood and Perilla). For cooks there is indispensable guidance on planting and maintaining a bountiful kitchen garden and crafters will delight in dozens of exciting new uses for fresh, dried, and distilled herbs. Here, too, are 40 delicious recipes such as Ragu Bolognese with Fennel and Lemon Semolina Cake with Lavender, as well easy steps for projects such as a hanging herb garden and instructions on how to plant, dry, and preserve your gardens bounty. Meticulously researched and exhaustive in its scope, *The New American Herbal* is an irresistible invitation to explore the versatility of herbs in all their beauty and variety.

"A fresh, stylish and modern compendium on cultivating herbs in America for healthy eating--with stunning photographs."--Alys Fowler, *Gardens Illustrated*, Jan. 2015 *The New American Herbal* updates and builds upon centuries of herbals that came before it while offering a contemporary perspective. ...Orr writes, "Wherever we go, we transport our useful plants with us." Herbs were swapped while worlds were colonized. Indeed, Orr includes herbs from every continent, highlighting their uses and extolling their virtues... Some are familiar, many are exotic and marvelous, like postings in a travelogue. Did I mention that Orr is also a travel writer? I want to follow in his footsteps.- Lucy Leske, *The Inquirer and Mirror* 09/18/2014