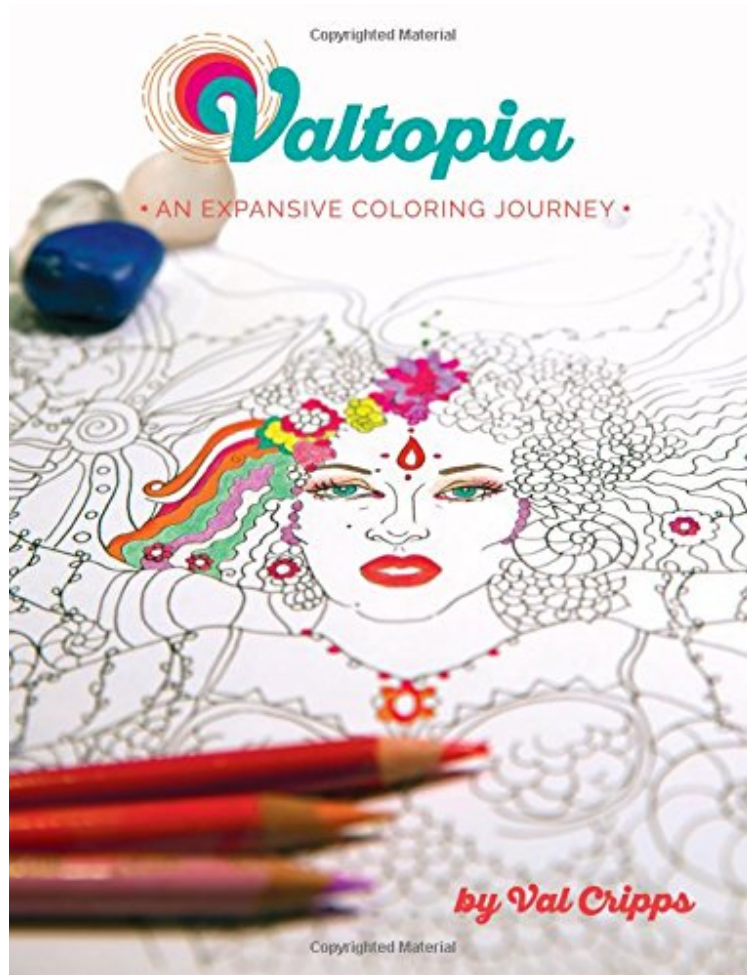


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# Valtopia An Expansive Coloring Journey

Val Cripps

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along with recommended crystals and essential oils near the end of the book. It truly is an expansive coloring journey.

This 8.5 x 11 inch book has 22 vibrant, mind blowing and intricate drawings that will excite, awaken and energize you. These sensational images take you on a journey back to yourself. Travel through powerful concepts such as self care, sacred connections and flow, that will impact you at the deepest level as you color, release and transform. Revitalize yourself as you bring to life these iconic images with your markers, fine tipped pens and colored pencils. To boost the experience, each image has an accompanying guide to an essential oil and several crystals. Each has a description of how these can help boost your mindset, expand your spirit and basically, make you feel great. We cant wait to see what you color! Why wait? Begin your expansive journey to your ultimate vision, creativity and transformation and click above to get your Valtopia coloring book today!

About the AuthorVal Cripps Through coloring, drawing, essential oils, crystals and positive thinking, Valerie guides you back to yourself, your own intuition, your own inner strength and calm. A new mindset is only a thought away. Valerie Cripps lives in Los Angeles, CA with her husband and two young boys. She has worked for many years in the film industry as a visual fx artist, but her first love and passion has always been creating and expressing herself through art, music and her voice. 2015 has been a powerfully transformational experience, from finding her voice through voice over classes, to stepping into her own empowerment and spirituality through wonderful connections with gifted healers, teachers, meditation and creation. In July, she dedicated herself to creating a coloring book that not only documents this transformational journey, but offers up visionary images, guidance and tools to this expansive practice.