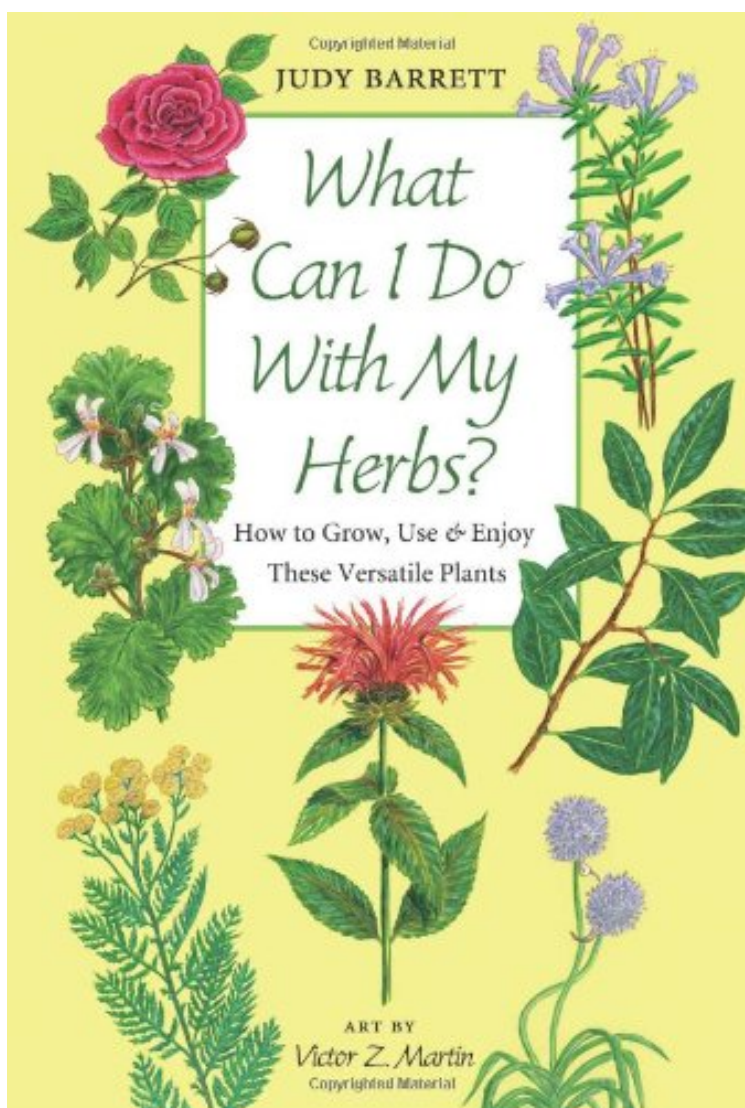


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## What Can I Do with My Herbs?: How to Grow, Use, and Enjoy These Versatile Plants (W. L. Moody Jr. Natural History Series)

Judy Barrett

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**Judy Barrett : What Can I Do with My Herbs?: How to Grow, Use, and Enjoy These Versatile Plants (W. L. Moody Jr. Natural History Series)** before purchasing it in order to gage whether or not it would be worth my time, and all praised What Can I Do with My Herbs?: How to Grow, Use, and Enjoy These Versatile Plants (W. L. Moody Jr. Natural History Series):

0 of 0 people found the following review helpful. Five StarsBy SandyProduct description was perfect, price was

perfect and delivery was perfect. A perfect transaction0 of 0 people found the following review helpful. Herbal informationBy woganThis book can serve as a good store of information on herbs. It probably is not for a beginning grower. For some herbs there is very little information on planting directions, meaning, the amount of sunlight required is given and climate, but there is little instruction on how to sow seeds or depth of placing plants in the ground. There are colour drawings for each herb.However there is an abundance of other information; for each herb there is a section that tells its history, about similarly named plants and cautions on what should or should not be eaten. The growth habits and needs are covered, as well as some cooking instructions.Here again a novice grower might wonder, do I harvest the stems, or flowers as well as the leaves? When do I harvest them, in the early stages or wait until they seem to be mature? There is information on how to deter pests with the herbs themselves and what the herb is known to do; to "soothe" with it, such as a decoction of bay leaves added to the bath relives aching limbs. The author is careful to give a good caution that herbs can be powerful and should not be taken without the advice of a professional.This would serve as a basic textbook for information on herbs.

With tips covering everything from artemisia to vetiver grass, *What Can I Do with My Herbs?* offers a fun and lively look at forty common herbs and the creative and useful things people do with them. Each herb description includes the plant's history and a list of popular uses, as well as helpful information about how to successfully grow them, how to enjoy them in the garden (watch the swallowtail butterflies and caterpillars that love fennel), or how to use them in the kitchen (substitute the yellow flowers of calendula for saffron). Judy Barrett even shares some of her favorite recipes, including lavender lemonade and thyme cheese rolls.

"A convenient, comprehensive, and easy-to-read users' guide to all the herbs you'll want to grow. Barrett tells you what you want to know to make the best use of the plants you love." --Susan Wittig, author of the bestselling *China Bayles Herbal Mysteries*