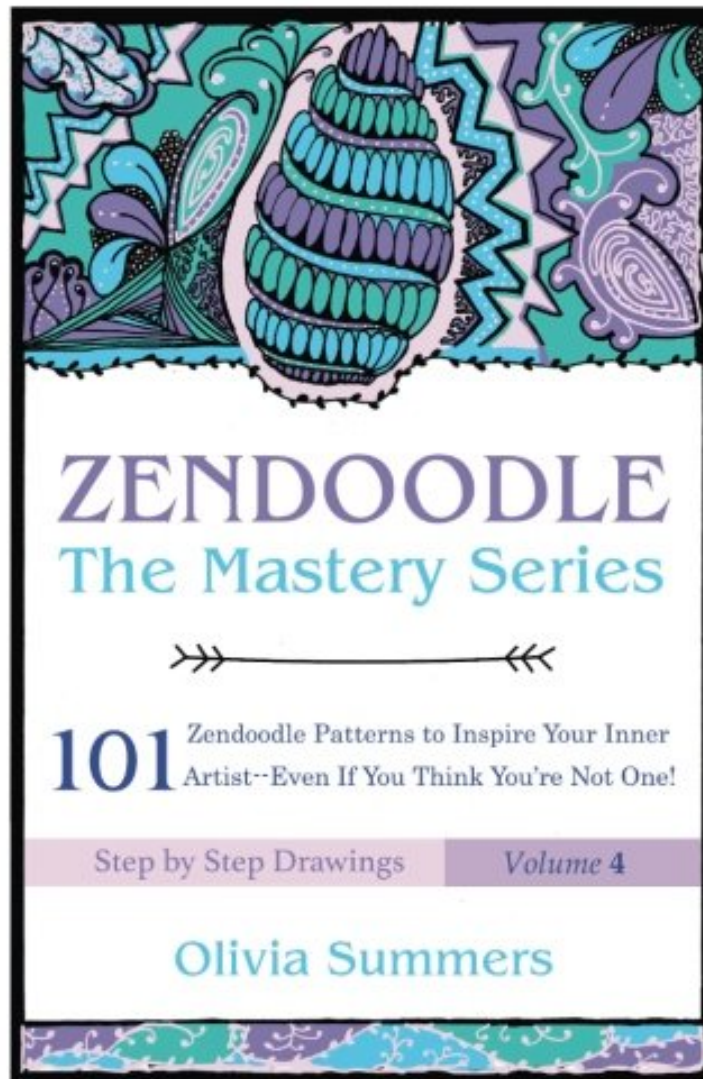


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Zendoodle: 101 Zendoodle Patterns to Inspire Your Inner Artist-- Even if You Think You're Not One (Zendoodle Mastery Series) (Volume 4)

Olivia Summers

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worth my time, and all praised Zendoodle: 101 Zendoodle Patterns to Inspire Your Inner Artist--Even if You Think You're Not One (Zendoodle Mastery Series) (Volume 4):

0 of 0 people found the following review helpful. For a Future ArtistBy Ana DuncanThis book has designs, but it explains the patterns as well. If you are interested in following or being a future artist this is the book for you. It explains many patterns and how to draw them.0 of 0 people found the following review helpful. Exceptional!By YorkShireDaneOlivia gives us 5 to 6 simple steps to follow, along with 2 sets of 6 blank blocks to practice. Also, she includes examples of how we could combine patterns, along with large blank squares to practice. Smaller size of the book makes it easy to throw into my purse, have to admit that I'm taking it everywhere. If Olivia doesn't have a sequel available when I finish this one, I'll have to buy this it again!0 of 0 people found the following review helpful. A Doodle Pattern Book that delivers!By CustomerMs Summers delivers what she promises, 101 new doodles. I will use most of them I am sure.The pictures she offers every 5 or 6 pages (then tells you which of the 101 doodles she's using) have helped me develop my own artistic perspective.These doodles can be simple. Most have a certain complexity to them. Best for those with intermediate or advanced practice in doodling I would say.

Have You Seen Zendoodle Works Of Art And Been Inspired To Create Your OwnBut Dont Even Know Where To Start? Maybe youre not even sure what Zendoodle is, or simply dont feel like youre qualified to be an artistIf any of these scenarios apply to you, then Volume 4 of my Zendoodle Mastery Series is the answer you've been looking for!Ill walk you through, step by step in pictures, each of the 101 NEW patterns so that you know exactly how to re-create them in your own artwork!Plus, I've included 20 of my own hand-drawn pieces so you can more easily see how to put the patterns together to create unique and eye-catching works of art.As a BONUS, with the purchase of this Workbook Edition, you'll also be able to download the Kindle version for free!But the benefits arent just the visual appeal... When You Use The Zendoodle Method Daily Youll Begin To See Changes In Your Life And Your Mindset In A Big Way. How? Well, Zendoodle was originally developed as a way to practice mindfulness and meditation through the repetitive art of drawing these simple, but challenging patterns...each stroke of your pen brings you closer to the 'zen' in Zendoodle.So, if youre looking for a way to create beautiful artwork that only looks impossible (but is actually quite simple!) then be sure to grab your copy today. That's over 100, never-before-released patterns--including step by step instructions to recreate them in your own artwork!If you need some encouragement and inspiration to create your own Zendoodle artwork, then let me be your guide and help you along your Zendoodle journey!==Scroll up and click 'add to cart' to get your copy now!

About the AuthorOlivia Summers is a certified yoga instructor with more than 15 years under her belt and a self-described "art aficionado." She considers yoga her life calling and enjoys teaching her craft one-on-one in her home studio. It's one of the most fulfilling and rewarding parts of her life and she feels fortunate that she gets to share her passion with all of her students and readers.She's experienced first hand the profound growth yoga brings to its practitioners--not just physically but also mentally and spiritually. Especially when combined with the tranquil art of Zendoodle--her favorite form of drawing.She enjoys seeing the improvements in people's lives through yoga and meditative art forms. Improvements such as being more mindful, having more energy and living happier, more authentic lives. It's experiencing these amazing life changes that keeps her motivated to continue teaching and writing on the topics of yoga, Zendoodle, and mind-body health.Her true purpose in life is to give others the same opportunities to experience amazing life changes that she has had through practicing yoga and living a healthier lifestyle. Olivia's hope is that her words help inspire others to be the best versions of themselves.She currently resides in the foothills of the Smokeys. When she isn't writing or teaching yoga she enjoys hiking, drawing and experimenting in the kitchen.