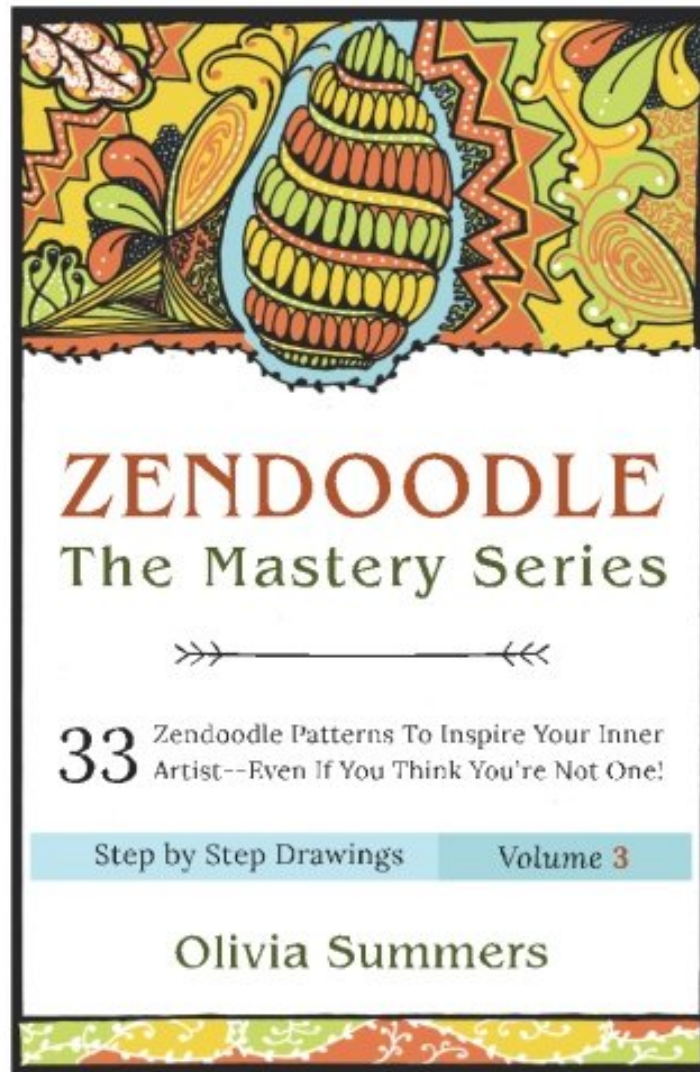


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Zendoodle: 33 Zendoodle Patterns to Inspire Your Inner Artist-- Even if You Think You're Not One (Zendoodle Mastery Series) (Volume 3)

Olivia Summers

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You're Not One (Zendoodle Mastery Series) (Volume 3):

7 of 7 people found the following review helpful. Great instructions!
By G. Whitaker I have purchased a few books on zentangle because not only did I want to know what it was about, but also to see if it could help me to relax and help with my tremors. Thus far this one has been the best at being instructional. I'm not an artist by any means but it gives me a starting point for practicing certain strokes and attempting to gain better control of my pencil. I purchased this book at a sale price and intend to buy the other editions soon.
3 of 3 people found the following review helpful. This series is one of the best values on the subject that I've found
By Library Diva I have recently discovered the beauty of Zentangle and have bought several books on the topic. This series is one of the best values on the subject that I've found. The author provides a little background on Zentangle, but my favorite part is the pattern section that includes easy to follow instructions. I also loved the free gift of additional patterns and borders. I bought another in the series right away and was not disappointed.
1 of 1 people found the following review helpful. Great for aspiring Zentangle artists.
By Native New Yorkdep2dogs Not for a "colorist" per se - but for those who want to create zendoodle designs /wonderful. I gave this three stars because I thought it was an Olivia Summers adult coloring book - I love her and her coloring books. I suggest this if you want to create zendoodle's. I suggest Olivia Summer's coloring books! In this book she gives the artist 33 designs and instructions to create your own Zentangle's if that is your desire. It's not mine, but it is for many people. I did purchase this book on for a reduced rate for my honest review. All opinions are mine.

Have You Seen Zendoodle Works Of Art And Been Inspired To Create Your Own But Dont Even Know Where To Start? Maybe youre not even sure what Zendoodle is, or simply dont feel like youre qualified to be an artist. If any of these scenarios apply to you, then my Zendoodle Mastery Series is the answer you've been looking for! Volume 3 includes 33 brand new patterns that I haven't released previously.

About the Author Olivia Summers is a certified yoga instructor with more than 15 years under her belt and a self-described "art aficionado." She considers yoga her life calling and enjoys teaching her craft one-on-one in her home studio. It's one of the most fulfilling and rewarding parts of her life and she feels fortunate that she gets to share her passion with all of her students and readers. She's experienced first hand the profound growth yoga brings to its practitioners--not just physically but also mentally and spiritually. Especially when combined with the tranquil art of Zendoodle--her favorite form of drawing. She enjoys seeing the improvements in people's lives through yoga and meditative art forms. Improvements such as being more mindful, having more energy and living happier, more authentic lives. It's experiencing these amazing life changes that keeps her motivated to continue teaching and writing on the topics of yoga, Zendoodle, and mind-body health. Her true purpose in life is to give others the same opportunities to experience amazing life changes that she has had through practicing yoga and living a healthier lifestyle. Olivia's hope is that her words help inspire others to be the best versions of themselves. She currently resides in the foothills of the Smokeys. When she isn't writing or teaching yoga she enjoys hiking, drawing and experimenting in the kitchen.